

# Art, Connection, and Well-being: Exploring the Social Value of Culture

**Tuesday, June 4, 2024**

**13:30 - 17:15 \*Doors open at 13:00**

Price  
free

Capacity  
220

With Simultaneous Interpretation

With the epidemic of the new coronavirus, many social activities have been restricted as "unnecessary and non-urgent." Cultural activities such as festivals, traditional culture, art and sports were severely restricted. These activities are thought to lead to well-being, that is, to express one's own way of life in a rich connection between people, and to live with pride and "ikigai." However, the extent to which these cultural activities have the effect of enhancing well-being has not been fully scientifically evaluated and understood. In this symposium, we will discuss the significance and potential of cultural activities in the post-corona era with the world's top researchers in cultural capital and social capital.

## Schedule

### Introduction

"The Significance of Scientifically Exploring the Value of Art and Connection"  
Naoki Kondo (Professor, Graduate School of Medicine, Kyoto University)

### Part 1: Keynote Speeches

1. "The University of the Arts' Attempt to Promote Cultural Prescription"  
Tatsuya Ito (Professor, Center for Social Cooperation, Tokyo University of the Arts)
2. "Cultural Capital and Social Capital: The Significance of Culture from the Perspective of Social Epidemiology"  
Ichiro Kawachi (Professor, Harvard School of Public Health)
3. "Epidemiological research on the health benefits of art"  
Daisy Fancourt (Professor, University College London)

### Part 2: Remarks

1. "Cultivating Place Well-being through Cultural Practices"  
Yukiko Uchida (Professor, Institute for the Future of Human Society, Kyoto University)
2. "Social Common Capital and Cultrue"  
Mari Uzawa Urabe (President, Uzawa Kokusai Gakkan)

### Part 3: Panel Discussion

"Art, Connection, and Wellbeing: Rethinking the social value of culture"

Moderators: Naoki Kondo, Mari Urabe

Panelists: Ichiro Kawachi, Yukiko Uchida, Tatsuya Ito

### How to apply

If you would like to participate, please apply from the QR code on the right.

Deadline: Friday, May 31, 2024

\* We will close once capacity is reached.

\* If you have any questions, feel free to reach out to us at:

Art Tourist Co., Ltd.

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**Naoki Kondo**

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**Ichiro Kawachi**

Professor,  
Harvard School of Public Health



**Daisy Fancourt**

Professor,  
University College London



**Tatsuya Ito**

Professor,  
Center for Social Cooperation,  
Tokyo University of the Arts



**Mari Uzawa Urabe**

President,  
Uzawa Kokusai Gakkan



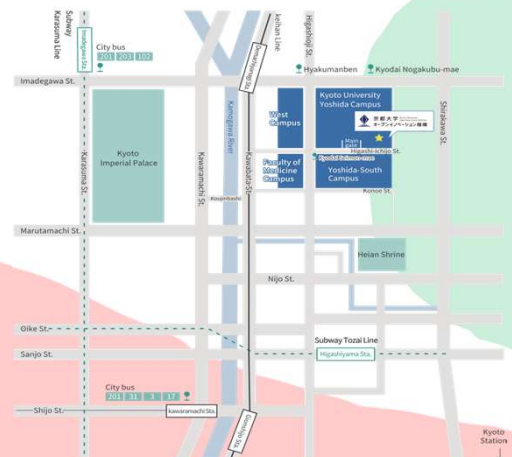
**Yukiko Uchida**

Professor,  
Institute for the Future of Human  
Society, Kyoto University

### Place

#### Kyoto University

International Science Innovation Building,  
West Building 5F, Symposium Hall  
(on-site only)



Co-sponsored by: "Department of Social Epidemiology, Graduate School of Medicine, Kyoto University," "Center for Art Communication and Co-Creation to Create an Inclusive Society, Tokyo University of the Arts," and "Institute for the Future of Human Society, Kyoto University."

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